

## **HEADWARD CRAG**

### **Approach:**

Park at the Kananaskis Inter-lakes Parking Lot. Cross the dam and, at the first rise, turn right and follow the Mt. Indefatigable trail (with "Grizzly Habitat" sign) to an obvious drainage. After a sharp left-hand bend, go 40m. further to a rock up on the right. Hike up to the rock, then follow flagging, mostly along the base of the cliff, to the start. Approx. 40 mins. from parking area.

### **Routes (from right to left):**

1. HEADWARD OF THE LOST WHITELIGHTER, 5.10a/b, 80m., 3 pitches.  
1st Ascent: Derek Cronmiller, Grant Parkin, Trevor Jones.  
Bolts and cams (.5 to 3)
2. HEADBOARD THE WALLBANGER, 5.10b/c, 35m. 1 pitch (see link to White Crack, below)  
1st Ascent: Dennis Kok, Allan Derbyshire, (partially bolted by Andy Lecuyer).  
Bolts and cams (2, 3 and 1)
3. WHITE CRACK CONTINUATION, 5.10a, 50m., 2 pitches.  
1st Ascent: Grant Parkin, Ian Greant  
Bolts and large cams (to 3.5 and 4)
4. LEFTWARD LUCY, 5.10b/c, 35m., 1 pitch (top roped only).  
1st TR Ascent: Allan Derbyshire.  
Needs more cleaning.

### **Descent:**

From the top of the crag, it's possible to scramble up another 50m. (easiest slightly right) to the Mt. Indefatigable Trail, thence hike down.

To return to the base of the crag, rappel from the 3-bolt anchor(top of pitch 3) to the 2-bolt anchor below, then traverse right 15m. to another 2-bolt anchor. Then a 30m. rappel, followed by a 35m. rappel takes you to the ground.